

Year 1					
Autumn 1	2	Spring 1	2	Summer 1	2
Topic:					
Relationships Pol-Ed Scheme Why are safe hands important? What is bullying? How can I be an ally? How can I make friends? Why is name calling unkind? What if my friends are making me feel sad?	Understanding the Law Decider Skills introduced- <i>The Fizz Scale</i> <i>It Will Pass</i> <i>Right Now</i> Pol-Ed Scheme How can I be responsible? What can happen when rules are broken? What do the police do? Why have different rules in different places?	Well-Being Decider Skills <i>Name That Emotion</i> <i>Opposite Action</i> <i>Fact or Opinion</i> Pol-Ed Scheme What makes me special? What do feelings feel like? How can I share my feelings? How can I be an empathy expert?	Celebrating Difference Jigsaw Scheme I can identify similarities between people in my class. (piece 1) I can identify differences between people in my class. (piece 2) I know some people I can talk to if I feel unhappy or am being bullied. (piece 4) I can tell you some ways I am different from my friends? (piece 6)	Keeping Safe Pol-Ed Scheme How can I use things at home safely? What is private information? Who are my trusted adults? How can I keep safe in new places? How can I speak up? What is 999?	Changing Me Jigsaw Scheme I understand Life cycles of humans and animals (piece 1). I can explain some things about me that have changed and some things that have stayed the same. (piece 2) I can explain how my body has changed since I was a baby. (piece 3) I can correctly name the parts of the body that make me a boy or girl. (piece 4) I can explain how I change as I learn new things (piece 5)
Planned Visitors/experiences linked to the topic:					
PCSO Bonfire/ Halloween safety talk	UK Parliament Week	Whole school focus- 'Children's Mental Health Week' Safer Internet Day	Phunky Foods Assembly	PCSO road and water safety talk	

Year 2					
Autumn 1	2	Spring 1	2	Summer 1	2
Topic:					
Relationships Pol-Ed Scheme How do I share family worries? How are we the same? How are we different? How can I work with different people? What is family? Why are relationships important?	Understanding the Law Decider Skills introduced- <i>The Fizz Scale</i> <i>It Will Pass</i> <i>Right Now</i> What are needs and wants? What is a job? What is money? What is the internet? What does age matter?	Well-Being Decider Skills <i>Name That Emotion</i> <i>Opposite Action</i> <i>Fact or Opinion</i> How can I deal with change? What does it mean to be healthy? How can I look after my body? Why is sleep important? When do I need to take a break?	Celebrating Difference Jigsaw Scheme I understand what stereo-type mean. (piece 1) I understand that people can make assumptions about boys and girls. (piece 2) I understand that bullying is sometimes about difference. (piece 3) I recognise what is right and wrong and how to stand-up for myself. (piece 4) I understand that it is okay to be different from other people and to be friends with them. (piece 5)	Keeping Safe Pol-Ed Scheme What are different types of meetings? What are medicines? What are private body parts? What is fire safety? How can I stay safe online?	Changing Me Jigsaw Scheme I can recognise cycles of life in nature. (piece 1) I can explain the natural process of growing from young to old. (piece 2) I can recognise how my body has changed from when I was a baby. (piece 3) I appreciate that some parts of my body are private. (piece 4) I understand different types of touch. (piece 5)
Planned Visitors/experiences linked to the topic:					
PCSO Bonfire/ Halloween safety talk	UK Parliament Week	Whole school focus- 'Children's Mental Health Week' Safer Internet Day	Phunky Foods Assembly	PCSO road and water safety talk	

Year 3

Autumn 1	2	Spring 1	2	Summer 1	2
<h1>Topic:</h1>					
<p>Relationships <i>Pol-Ed Scheme</i></p> <p>What do we mean by consent in friendships?</p> <p>What is bullying?</p> <p>How should we treat people?</p> <p>What can I do when friendships go wrong?</p> <p>Who are my key people?</p>	<p>Understanding the Law</p> <p>Decider Skills introduced- <i>The Fizz Scale</i> <i>It Will Pass</i> <i>Right Now</i></p> <p>How do we enforce the law?</p> <p>How can I be a responsible citizen?</p> <p>What is the law and why do we have it?</p> <p>What are children's rights?</p>	<p>Well-Being</p> <p>Decider Skills <i>Name That Emotion</i> <i>Opposite Action</i> <i>Fact or Opinion</i></p> <p>What is mental health?</p> <p>What am I good at?</p> <p>How can intense feeling feel?</p> <p>What words can I use to talk about my feelings?</p> <p>How does school help me?</p>	<p>Celebrating Difference <i>Jigsaw Scheme</i></p> <p>I understand that all families are different. (piece 1)</p> <p>I understand differences and conflict can happen in families. (piece 2)</p> <p>I know witnesses can make a situation better or worse. (piece 4)</p> <p>I recognise that some words are used in hurtful ways. (piece 5)</p> <p>I can describe a time when my words affected someone's feelings. (piece 6)</p>	<p>Keeping Safe <i>Pol-Ed Scheme</i></p> <p>What do we mean by risk?</p> <p>What are emergency services?</p> <p>How can I share my worries?</p> <p>What are emergency situations?</p> <p>When should I break a secret?</p>	<p>Changing Me <i>Jigsaw Scheme</i></p> <p>I understand that in animals and humans lots of changes happen. (piece 1)</p> <p>I understand how babies grow and develop. (piece 2)</p> <p>I can start to recognise stereotypical ideas I might have about parenting and family roles. (piece 5)</p> <p>I can identify what I am looking forward to as I move into the next school year. (piece 6)</p>
<p>PCSO Bonfire/ Halloween safety talk</p>	<p>UK Parliament Week</p>	<p>Whole school focus- 'Children's Mental Health Week' Safer Internet Day</p>	<p>Phunky Foods Assembly</p>	<p>PCSO road and water safety talk</p>	

Year 4

Autumn 1	2	Spring 1	2	Summer 1	2
Topic:					
Relationships Pol-Ed Scheme What is discrimination? How can we be role models? What is a healthy friendship? What is diversity? What is peer influence? Who makes up my community?	Understanding the Law Decider Skills introduced- <i>The Fizz Scale</i> <i>It Will Pass</i> <i>Right Now</i> What are protected characteristics? What is hate crime? How can I respect my environment? What can I be?	Well-Being Decider Skills <i>Name That Emotion</i> <i>Opposite Action</i> <i>Fact or Opinion</i> How do my choices help me to be healthy? What are healthy habits? Why is food fuel? How can I be a hygiene hero? How does school build my character?	Celebrating Difference Jigsaw Scheme I understand we can make assumptions based on how someone looks. (piece 1) I understand what influences me to make assumptions. (piece 2) I know that bullying is sometimes hard to spot and what to do if I think it is happening. (piece 3) I can tell why witnesses sometimes join in with bullying. (piece 4) I can explain why I am special and unique. (piece 5)	Keeping Safe Pol-Ed Scheme How can I keep safe in my local area? How can we keep safe on the road? What are hazards in the home? What is first aid? What do I encounter?	Changing Me Jigsaw Scheme I understand that some of my characteristics come from my mother and some from my father. (piece 1) I can describe how girls' and boys' bodies change in puberty. (piece 3) I can understand that some changes are outside of my control. (piece 5) I can identify what I am looking forward to as I change class. (piece 6)
Planned Visitors/experiences linked to the topic:					
PCSO Bonfire/ Halloween safety talk	UK Parliament Week	'Children's Mental Health Week' Safer Internet Day	Phunky Foods Assembly	PCSO road and water safety talk	

Year 5					
Autumn 1	2	Spring 1	2	Summer 1	2
Topic:					
Relationships Pol-Ed Scheme What is grooming? How can adult relationships affect my future? How do words have power? What are my personal boundaries? What are online friendships? What is peer pressure?	Understanding the Law Decider Skills introduced- <i>The Fizz Scale</i> <i>It Will Pass</i> <i>Right Now</i> How do rules help our community? What can and can't I do on the internet? What is gambling?	Well-Being Decider Skills <i>Name That Emotion</i> <i>Opposite Action</i> <i>Fact or Opinion</i> What is my personal identity? How might puberty impact the way I feel? How might being online impact the way I feel? How might my activity levels impact the way I feel? How might school impact the way I feel? How can drugs and alcohol make people feel?	Celebrating Difference Jigsaw Scheme I understand that cultural differences can cause conflict. (piece 1) I understand what racism is? (piece 2) I understand that spreading rumours and name-calling are a form of bullying (piece 3) I know the difference between direct and indirect bullying. (piece 4) I can compare my life with people in the developing world. (piece 5)	Keeping Safe Pol-Ed Scheme How can we use our phones sensibly? How can we keep things safe? What are deep fakes? What are the risks with money? What do I know about drugs? Why are special people important?	Changing Me Jigsaw Scheme I am aware of my own body image. (piece 1) I understand the changes that take place in girls' bodies during puberty. (piece 2) I can describe how girls' and boys' bodies change during puberty. (piece 3) I understand what I am looking forward to about becoming a teenager. (piece 5)
Planned Visitors/experiences linked to the topic:					
PCSO Bonfire/ Halloween safety talk	UK Parliament Week	'Children's Mental Health Week' Safer Internet Day	Phunky Foods Assembly	PCSO road and water safety talk	

Year 6					
Autumn 1	2	Spring 1	2	Summer 1	2
Topic:					
Relationships Pol-Ed Scheme How can I get ready for secondary relationships? How can we all be allies against racism? How can we challenge sexism? How can we respect different relationships? What is a debate? What is my relationship with authority?	Understanding the Law Decider Skills introduced- <i>The Fizz Scale</i> <i>It Will Pass</i> <i>Right Now</i> What is shop theft? What is anti-social behaviour? What does the law say about illegal drugs? What does the law say about marriage? What is a weapon? What different types of crime are there?	Well-Being Decider Skills <i>Name That Emotion</i> <i>Opposite Action</i> <i>Fact or Opinion</i> What does 30 a day look like? How can I re-frame my thinking? How can I seek support for my mental health? How can I cope with leaving school?	Celebrating Difference Jigsaw Scheme I understand there are different perceptions of what normal means. (piece 1) I understand how being different could affect someone's life. (piece 2) I can explain how a person or group can have power over another. (piece 3) I can give examples of how people with disabilities can live amazing lives. (piece 5)	Keeping Safe Pol-Ed Scheme What is the issue with addiction (Vaping/smoking)? What is spiking? How is my data shared? Why does media have age restrictions? Bonfire Night lesson Halloween Lesson	Changing Me Jigsaw Scheme I am aware of my own self-image. (piece 1) I understand how to look after myself in puberty. (piece 2) I can describe how a baby develops from conception. (piece 3) I understand what physical attraction is? (piece 4) I am aware of a positive self-image. (piece 5)
Planned Visitors/experiences linked to the topic:					
PCSO Bonfire/ Halloween safety talk	UK Parliament Week	'Children's Mental Health Week' Safer Internet Day	Phunky Foods Assembly	PCSO road and water safety talk	