




RICHMOND HILL SCHOOL LUNCH MENU-WEEK 3

DAY	CHOICE 1	CHOICE 2 	CHOICE 3	PUDDING
Monday	Hot dog - pork sausage in roll Wedges and spaghetti hoops	Vegetarian hot dog in a roll Wedges and spaghetti hoops	Jacket potato with cheese, beans or tuna OR Sandwich or wrap filled with cheese, ham, egg mayo or tuna	Homemade Rice Pudding Or Fresh fruit Or yoghurt
Tuesday	Pork meatballs in tomato sauce with pasta twists and green beans	Vegan meatballs tomato sauce with pasta twist and green beans	Jacket potato with cheese, beans or tuna OR Sandwich or wrap filled with cheese, ham, egg mayo or tuna	Iced vanilla sponge Or Fresh fruit Or yoghurt
Wednesday	Roast Chicken with mash, Yorkshire, fresh veg and gravy	Quorn fillet with mash, yorkshire, fresh veg and gravy	Jacket potato with cheese, beans or tuna OR Sandwich or wrap filled with cheese, ham, egg mayo or tuna	Chocolate mousse and mandarins or Fresh fruit Or yoghurt
Thursday	Sausage roll with Seasoned wedges Baked beans	Vegan sausage roll with Seasoned wedges Baked beans	Jacket potato with cheese, beans or tuna OR Sandwich or wrap filled with cheese, ham, egg mayo or tuna	Chocolate Muffin or Fresh fruit Or yoghurt
Friday	Fish fingers, chips and garden peas	Vegetable burger in a bun with chips and garden peas	Jacket potato with cheese, beans or tuna OR Sandwich or wrap filled with cheese, ham, egg mayo or tuna	Chocolate Brownie and fresh orange slices or Fresh fruit Or yoghurt



Fresh fruit, bread and salad bar available