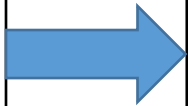


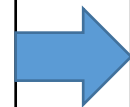
Autumn 1: Being Me in

- What does it mean to be a **school citizen**?
- How does our **school council** help us to understand how **democracy** works?
- What would happen if we got rid of **rewards** and **consequences** in school?
- What does it mean to be **motivated**?



Autumn 2: Celebrating Difference

- What does it mean to make an **assumption**?
- Can you think of a time you have **judged** someone simply on their appearance?
- What does it mean to **accept yourself**?
- Can you explain what the word **unique** means?
- What do you understand by the term '**first impression**'?



Spring 1: Dreams and Goals

- Can you think of a way you could **overcome disappointment**?
- Give an example of a **realistic dream**.
- What does it mean to **achieve your goals**?
- What does it mean to be **resilient**?
- Why is it helpful to develop a **positive attitude**?



Year 4



Key vocabulary and ideas I should be able to talk about by the end of each Jigsaw unit.



Summer 2: Changing Me

- What does it mean to be **unique**?
- Can you explain what **puberty** is?
- What does **confidence** feel like?
- Why is puberty a time of **transition**?
- What do you understand by **environmental change**?



Summer 1: Relationships

- What does **jealousy** mean?
- What do you understand by the term '**loss**'?
- How can we show our **appreciation** to others?



Spring 2: Healthy Me

- Can you explain what **good dynamics** in a friendship might look like?
- What does it mean to be **assertive**?
- Give an example of **peer pressure**
- Explain what **inner strength** is.