

Autumn 1: Being Me in the World

- Give an example of a **personal goal** you would like to achieve.
- What does it mean to have a **positive attitude**?
- Why is it important to have **rules** in school?
- Give an example of a **responsible behaviour choice** you have made today?

Autumn 2: Celebrating Difference

- Can you give an example of a **family conflict**?
- What could I do if I **witnessed bullying** in school?
- Give an example of a thoughtful **compliment** you could give someone.

Spring 1: Dreams and Goals

- What does the word **achievement** mean?
- What **dreams** and **ambitions** do I have for my future?
- What does it mean to be **motivated**?
- Why is it important to be able to **overcome** obstacles?
- What does the word **budgeting** mean?

Year 3



Key vocabulary and ideas I should be able to talk about by the end of each Jigsaw unit.



Summer 2: Changing Me

- Give examples of **outside body changes**.
- Give examples of **inside body changes**.
- What are **family stereotypes**? Why should we **challenge** stereotypes?

Summer 1: Relationships

- What different **roles** and **responsibilities** do people in your family have?
- What does **negotiation** mean?
- What does it mean to be a **global citizen**?

Spring 2: Healthy Me

- What could I do to improve my **fitness**?
- Give an example of **healthy food swap**.
- What are **drugs**?
- What does it mean to **respect** myself and others?