

Richmond Hill Primary School

SUBJECT INTENT – PSHE

At Richmond Hill Primary School, the principals of the PSHE curriculum underpin our whole school values: respect, confidence, support, friendship, kindness, being safe, honesty and happiness. Through the delivery of the PSHE curriculum, we aim to equip our students with the skills they will need in order to become successful, well-rounded individuals. Our intention is to help our students make healthy and positive choices in relation to both their physical and mental health which will allow them to flourish into confident and resilient young adults of the future.

Teaching and Learning Drivers		Curriculum Drivers
Our values Our well-being Our achievement Our golden rule: <i>'We always live by our values and always strive to do our best'</i>		Reading Enrichment Inspiration and aspiration Responsibility
Intent	Implementation	Impact
<ul style="list-style-type: none"> We will provide our pupils with the opportunity to learn about the importance of looking after both their physical and mental health and the interconnection between them. We will provide our children with an open and supportive classroom environment in which they can feel confident to discuss issues which can sometimes be sensitive and challenging. 	<ul style="list-style-type: none"> Our teaching follows the Jigsaw 3-11 Programme which allows for a structured, comprehensive and progressive approach to the delivery of the PSHE Primary curriculum. It fulfils the new statutory guidance (for England for 2020) for Relationships and Health Education in primary schools. Children follow the KidSafe UK programme in KS1 allowing them to 	<ul style="list-style-type: none"> Our children will be equipped with the vocabulary and confidence to be able to describe their feelings. They will be able to explain where they need to go for help and support if needed. Our children will demonstrate a positive attitude to school- showing enthusiasm across all areas of the curriculum. They will approach lessons with interest and resilience.

<ul style="list-style-type: none"> • Our pupils will be taught the importance of courtesy and good manners in both the school community and the wider world. • From nursery upwards, our pupils will be taught the values of kindness, consideration and respect, together with the importance of honesty, permission seeking and giving and personal privacy. • Our children will understand what British values are and why they are important principals to uphold. • Our children will be equipped to recognise when relationships with others are unhealthy and abusive, including emotional, physical and sexual abuse. They will also be able to explain how they can report any form of abuse they might experience. • Our children will be taught that families come in many different forms and that what is important is that the family unit is able to provide a secure loving environment. Children will also develop an understanding of when family relationships are making them feel unsafe and unhappy. • Our pupils will develop an understanding of what constitutes bullying as opposed to fallings out. They will recognise the 	<p>develop strategies for speaking out if they feel unhappy. Refresher lessons are delivered in KS2 and additional coverage is put in place for classes to meet particular needs. Sessions are delivered on Fridays, between 11-12. Kidsafe is fully embedded in the Richmond Hill School curriculum.</p> <ul style="list-style-type: none"> • Our school has a designated Mental Health Champion (Kerry Scott) who oversees the school's implementation of the 'Mental Health and Well Being Policy'. As a trained ELSA, staff can request for children who have been identified as needing additional support to have ELSA sessions which will be led by Mrs Scott. Staff understand how to recognise and respond to mental health issues. • Each teacher incorporates a 'check-in, check-up and check out' approach with their class. This enables staff to swiftly identify any children who may need additional support. • Classrooms across school will display Mood Monsters. Children, from nurseys upwards, will be able to use these images to help them articulate how they are feeling. 	<ul style="list-style-type: none"> • Our pupils will display respect and courtesy for others and contribute to the overall happiness and vibrancy of our school. • Our pupils will see the positive impact our school council has in bringing about democratic change. • Our pupils will be able to talk about the impact the Jigsaw programme is having across school in terms of behaviours and attitudes.
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<p>impact bullying can have and how they can help.</p> <ul style="list-style-type: none"> • Our pupils will be taught the value of friendship and what the characteristics of a positive friendship are, as well as being taught to recognise when a friendship is making them feel unhappy or uncomfortable. • Our pupils will be taught the principals of staying safe online and how to report any concerns they have. They will also understand the benefits of limiting their screen time. • We will teach our pupils about the positive steps they can take to look after their health, including: self-care techniques, personal hygiene, exercise, prevention of health and wellbeing problems and basic first aid. 	<ul style="list-style-type: none"> • Our school will participate in activities linked to 'Children's Mental Health Week' in the February of each year. • As part of our teaching of British values, our school will participate in UK Parliament Week each year in the month of November. • In addition to the opportunities provided in the Jigsaw PSHE curriculum, children will also cover online digital safety as part of their computing curriculum following the Kapow planning. • Each classroom will have 'Our School Values' displayed which will be regularly reinforced with students. Our core values of 'respect, confidence, support, friendship, kindness, being safe, honesty and happiness' will be understood by our pupils and regularly revisited as they progress through school. • Our school council will help students understand the principals of fairness, kindness, tolerance and democracy. • To help support our 'Dream and Goals' unit of work, we will invite in guest speakers to talk to our pupils about potential career paths for the future. • To help support our 'Healthy Me' unit of work, we will use materials from the 	
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	<p>‘Phunky Foods’ programme, including the assemblies and recipes.</p> <ul style="list-style-type: none"> • To help our EYFS children to prepare for the PSHE curriculum content in KS1, we use materials from the Phunky Foods Early Years Programme. These units support children in developing a healthy approach to food, physical activity and emotional well-being in a hands on and engaging way. • We will encourage the expertise of outside visitors to help our pupils engage with topics linked to our PSHE curriculum, for example inviting in our local PCSO to talk about road and water safety. 	
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